#### **Combined Space and Water Heating:** Making it Work

High Efficiency Heating in a Single Package

Ben Schoenbauer, Center for Energy and Environment Jake McAlpine, Sustainable Resource Center

February, 26th, 2014



In accordance with the Department of Labor and Industry's statute 326.0981, Subd. 11,

"This educational offering is recognized by the Minnesota Department of Labor and Industry as satisfying **1.5 hours** of credit toward **Building Officials and Plumbing** continuing education requirements."

For additional continuing education approvals, please see your credit tracking card.





The Center for Energy and Environment (CEE) is a nonprofit organization that promotes energy efficiency to strengthen the economy while improving the environment.

CEE conducts research and develops programs so that:

- Businesses operate more efficiently and profitably;
- Government agencies and nonprofits spend less on facilities and functions;
- Utilities achieve their energy-efficiency goals at leastcost; and
- Households save money and improve comfort.



# About SRC

- The Sustainable Resources Center is a nonprofit community organization dedicated to creating healthy and efficient home environments for all residents.
- SRC works with homeowners to create healthy homes by providing:
  - Detailed energy audits and building testing
  - Air sealing and insulation services
  - Lead testing and mitigation
  - Radon testing and mitigation



# Project Support

Sustainable Energy Resources for Consumers (SERC)

- Department of Energy
- Created to allow local weatherization agencies to install weatherization materials and technologies that have promise for energy savings and benefits to customers, however cannot currently be installed under the traditional Weatherization Assistance Program.
- Building America
  - Department of Energy
  - Conducts research to continually develop innovative, costeffective energy saving solutions—better products, better new homes, better ways to improve older homes, and better buildings in which we work, shop, and lead our everyday lives.



# • What are Combination Systems?

- Combination Systems...
  - Use a single heating plant to provide both space and water heating
  - Systems can provide space heat with hydronic or forced air distribution
- Also Known As
  - Combi
  - Combo
  - Dual Integrated Appliances



# Why use a high efficiency combined system?

- Combining loads…
  - Improved space and water heating performance
  - Reduced installation costs
  - Reduced venting needs
  - Reduced gas piping
  - Potentially reduced maintenance
  - Easy integration with ventilation, air conditioning, etc
  - Good for retrofits



Pg. 7

# • Our Focus: Systems that Work

#### Our Priorities

- Safety
- Reliable
- Easy to install
- Easy to operate and maintain
- Energy Savings



# Hydronic Combi Systems





# System Types

- DHW options
  - Indirect tank
  - Integrated tank
  - Low mass heat excl
- Space heating optic
  - Radiant
  - Radiators
  - Baseboards





# Installation of Condensing Boiler

- Venting
- Combustion air
- Circulation pump
  - High efficiency
  - Variable frequency
- Space heating distribution size and type (new construction)



# Condensing Optimization

- Baseboard
  - Supply Water Temperatures: 170
  - Return Water Temperatures: 150
- High Performance Baseboard
  - Supply Water Temperatures: 120
  - Return Water Temperatures: 100
- Radiant Heating
  - Supply Water Temperatul
  - Return Water Temperatu





#### **Condensing Optimization**



# Retrofit Upgrade

- Reduce return water temperature
  - Increased the temperature drop through distribution
    - More output
    - Lower flow rates
- Reduce set point temperature
  - Aggressive outdoor reset
- Purge boiler to indirect tank to reduce loses at end of space heating event



# Controls

- Cycle Management
  - Avoid short cycling
  - Pre purge
  - Post purge
- DHW utilizing waste heat
- Outdoor reset
  - Aggressive resets minimize return water temperatures



## Performance



## Forced Air Systems





# System Types

- DHW Options
  - Water heaters
    - Storage
    - Tankless
    - Hybrid
  - Boilers
    - Indirect tank
    - Internal low mass HE or storage
- Space heating
  - Air handler
  - Air handler integration with heat recovery ventilation
  - Air handler integration with air conditioning



# Best Practices

- Installation
- Optimization
- Operation
- Controls
- Lessons Learned



# Installation





# System Selection

- Safety
  - Combustion
  - Scalding
- Maintenance and durability
- Ease of Installation and Use
- Performance
  - User satisfaction
  - Energy Use



# • Air Handler Selection

- Important Characteristics to consider:
  - Capacity
  - Return water temperature
  - Electric usage
- Equipment
  - Coil characteristics and heat transfer rates
  - Fan characteristics
  - Pump characteristics



#### Heating Plant Sizing





## Optimizing Efficiency





No Optimization



# Improved Installation



Fully Optimized



#### Installed Performance



#### Water Temperature Delivery



#### Delivered Air Temperature



#### Stand by Loses



## Stand-by Loses













#### • From field monitoring



## Cost





# Controls

- Outdoor reset
- Air handler fan modulation
- Air handler pump modulation
- Load matching
- Set back control for both space and DHW systems



# Programs: Lessons Learned

- Assessing the needs of the home and letting that inform the system that is installed
  - number people and showers and how that effects comfort
  - water quality
  - thermostat set points and setbacks
- Code officials
  - ask first, install second!
- Having good contractors
  - learning curve
  - training



# Programs: Lessons Learned

#### Bids

- when do they work?
- retrofit vs. new build
- The roll of product reps
  - distribution of products
  - technical and warranty assistance
- Ensuring quality of installation
  - equipment specific requirements
  - field verification of installation
  - optimization and maintenance



#### Calculated versus Actual Load



#### Calculated versus Actual Load





# Conclusions

- These systems can be economically installed with homeowner satisfaction and safety as well as good performance
- Hydronic systems are more common, but high efficiency performance is often overlooked
- Simplicity and durability are key for forced air systems
  - Storage tanks and oversized air handlers
- More information available at
  - www.mncee.org/dia





# Ben Schoenbauer Jake McAlpine



